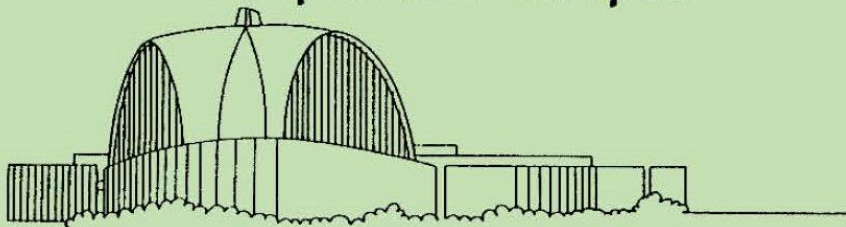


# the sephardic temple



CONGREGATION EMETH VE'SHALOM

## WEEKLY BULLETIN

775 Branch Boulevard at Halevy Drive • P.O. Box 392, Cedarhurst, NY 11516

Tel: 516-295-4644 • Fax: 516-295-1941 • Email: [admin@thesephardictemple.org](mailto:admin@thesephardictemple.org)



## שבת שלום SHABBAT SHALOM

ב"ה

**DAILY MINYAN SUNDAY - FRIDAY IS HELD VIA ZOOM AT 9:00 AM**

**CONTACT RABBI GOLDEN FOR MORE INFORMATION**

**FRIDAY, JANUARY 22, 2021**

**LIGHT CANDLES: 4:43 PM**

At this time during COVID-19,  
Friday evening services are not being held



**SATURDAY, JANUARY 23, 2021  
(10 SHEVAT 5781)**

**PARASHAT BO  
פרשת בא**



**SHABBAT SERVICES 9:30 AM  
שחרית, קריאת התורה ומוסף**

Shabbat Morning Services will be held in the Sanctuary  
with social distance restrictions by reservation only.

Kindly refer to the Temple's letter regarding  
our current reopening policy. Please contact the  
Temple office by Thursday, January 21 to register:  
[admin@thesephardictemple.org](mailto:admin@thesephardictemple.org) (516-295-4644)

*Tu Bishvat: Thursday, January 28*

Zoom Tu Bishvat Seder  
Wednesday, January 27 at 6:00 PM  
*See enclosed information*



**Parashat BO...** During the final three plagues,  
Pharaoh's greed and stubbornness became an  
insurmountable obstacle to his ability to free  
the people of Israel. Pharaoh hardened his own heart so strongly  
it seemed to others his heart was hardened for him by G-d. As  
the moment of redemption approaches for Israel, the nation of  
slaves begins to prepare for their great deliverance from  
oppression. Here one finds the celebration of the first Passover.



**MELDADOS**

**SHABBAT, JANUARY 23, 2021**

DAVID GRAMA  
BECKIE HOUGNOU  
ADOLPH STERN  
SYLVIA POWELL  
SELIM BRYAN SHOHET  
BARBARA EVE TECKLIN  
SAM MEVORAH  
CLAIRE SARFATTY  
LENA AARON  
RHODA APPELBAUM  
SOL TECKLIN  
HY HALEO  
DONALD GARTENLAUB  
DAVID E. ROUSSO  
ISRAEL SOLOMON  
ANNE COHEN  
SAMUEL E. COHEN  
ZELMA LEVINE WOLCHUCK  
REBECCA (BETTY) ASHER  
LOULOU SHIRAZI  
HAROLD CHARLES PERLMAN  
ISIDORE MILLER  
SARA SHARABY  
LILLIAN AFROMOWITZ  
MORTON HERSCHKOWITZ  
SHAFIC ABRAHAM  
SARAH COHEN MOSKOWITZ  
ALIA ABENMOHA  
SOPHIE M. OVADIA  
FLORENCE FRANK  
RACHEL A. SAPORTA  
STEPHANIE DAVIDSON  
ESTHER R. YOHANNA  
ELIE A. ALBOHER  
JACOB COHEN  
MICHAEL DANON

RAHAMIM R. FRANCO  
ESTHER MALLA  
MERCARDO RAFAEL MAYA  
FANNY MOUCATEL  
ISAAC RUSSO  
ESTHER ACKRISH  
MAIR ALEVY  
ABRAHAM ATTAS  
MATHILDE BENFORADO  
DANIEL BENJAMIN  
SAM BENSON  
SARAH BERAHA  
ESTHER BESSON  
ESTHER BIGIO  
ESTHER BONOMO  
DAVID CRESPI  
MORRIS ELIASSOF  
LENA ESBIA  
EVA HAFETZ  
ZIMBOUL ISRAEL  
LOUIS JACOBS  
MURRAY LEVY  
BECKIE LEVY  
BEN LOMANSKI  
SENYORU MATALON  
IDA MATZA  
ROSE MECHULAM  
REBECCA MEVORACH  
BENJAMIN PIKITCH  
MORRIS SADOCK  
ABRAHAM SAMUEL  
MAXINE SCHWARTZ  
ROSE SIMS  
LOUIS TOVI  
MARTHA ZAFFOS

# IN THE TEMPLE FAMILY

THE SEPHARDIC TEMPLE WEEKLY BULLETIN . JANUARY 23, 2021

## SEPHARDIC TEMPLE SHABBAT MORNING SERVICES

Shabbat Morning Services will be held in the Sanctuary with social distance restrictions by reservation only.

Registration to the Temple office for Shabbat must be received by Thursday.

ת.נ.צ.ב.ה

Condolences on the loss of:

**Ruth Levy**

**Wife of:**

The late Victor Levy

**Mother of:**

Paul Levy

Meryl Levy Fuchs

**Sister of:**

The late Jeanne Marshall

The late Esther Honig

ת.נ.צ.ב.ה

Condolences on the loss of:

**Alan Saporta**

**Father of:**

Felice Anikstein

Hy Saporta

**Son of:**

The late Frieda & Herman (Hyman) Saporta

**Brother of:**

Rochelle (Nuny) Grey

Marcia Hanin

**Beloved grandfather**

ת.נ.צ.ב.ה

Condolences on the loss of:

**Joseph Grama**

**Husband of:**

Sharon Grama

**Father of:**

Natania Grama

The late Michael Grama

**Brother of:**

Nathan Grama

Ezra Grama, Reuben Grama, Rabbi Shimon Grama, Adina Greenfield, Naomi Godfrey, Miriam Breslauer, the late Hannah Levy, the late Lillian Afromowitz, the late Harry Grama, the late Rabbi Israel Grama, the late David Grama, and the late Cantor Y'shaya Grama

*Zoom Tu Bishvat Seder*

Wednesday, January 27



6:00 PM



See enclosed information and contact the Temple office to sign up by January 20!

*Ladino Phrase of the Week*

*Mas vale poco ke nada*

**Better a little than nothing**

Source: Sephardic Bikur Holim (SBH) Congregation, Seattle, WA.  
<https://www.sbhseattle.org/resources/ladino/#Proverbs>



THE SEPHARDIC TEMPLE

# *Tu Bishvat Seder* *via Zoom*

*Wednesday, January 27, 2020*  
*at 6:00 PM*

Celebrate the New Year for the Trees  
with songs and fruits of the land of Israel!

Due to COVID-19, our delightful Seder experience  
will be convened via Zoom.

**Please contact the Temple office by Wednesday, January 20**  
so that we can mail to you a copy of the Haggadah  
as well as a shopping list of food and drink items  
that you will need to purchase for the Seder.

*Sephardic Temple office:*

(516-295-4644)

[admin@thesephardictemple.org](mailto:admin@thesephardictemple.org)







# Cook's Corner



## IN THE KITCHEN WITH ROSE ESKONONTS

*"Sfongato" (Ladino, baked recipe)*

*"Singatou" (Greek, fried recipe)*

### *Directions:*

- 1 lb farmer cheese 1/4 lb feta, grated cheese 3-4 eggs, flour enough to make a stiff batter salt, pepper. Combine all and heat oil 1/2 inch in pan.
- When well heated, drop by tablespoonfuls until bottom is golden, carefully flip to fry topside.
- Drain on paper towel. And enjoy.
- Spinach (well-drained) can be added to batter making sure not to loosen batter (add more flour to adjust) and fry as above.
- To make sfongato, batter can be looser and then baked in oven. Not fried.
- Roasted eggplant can be added to batter (skin from eggplant on the bottom/cooked pulp in the mixture)



*For those of you that were looking for this recipe!*

*Rose Eskononts*

– family from Salonika,  
paternal family from Janina



### *Have a recipe worth sharing?*

Send in your Jewish cooking recipes, with an emphasis on Sephardic cuisine, to help us further document our heritage and traditions. Recipes can be emailed, faxed, postage mailed, or taken through verbal dictation.

