

CONGREGATION EMETH VE'SHALOM

### WEEKLY BULLETIN

775 Branch Boulevard at Halevy Drive · P.O. Box 392, Cedarhurst, NY 11516 Tel: 516-295-4644 · Fax: 516-295-1941 · Email: admin@thesephardictemple.org

ב"ה



### SHABBAT SHALOM

DAILY MINYAN SUNDAY - FRIDAY IS HELD VIA ZOOM AT 9:00 AM CONTACT RABBI GOLDEN FOR MORE INFORMATION

#### FRIDAY, DECEMBER 11, 2020

\*Light Hanukkah candles before lighting Shabbat candles

.10 DM

LIGHT CANDLES: 4:10 PM

At this time during COVID-19, Friday evening services are not being held

# **SATURDAY, DECEMBER 12, 2020** (26 KISLEV 5781)

PARASHAT VAYESHEV פרשת וישב

#### SHABBAT MEVARCHIM TEVET שבת מברכים חודש טבת

\*Rosh Hodesh Tevet will occur on: Wednesday, December 16



SHABBAT HANUKKAH שבת חנוכה

SHABBAT SERVICES 9:30 AM שחרית, קריאת התורה ומוסף

Shabbat Morning Services will be held in the Sanctuary with social distance restrictions by reservation only.

Kindly refer to the Temple's letter regarding our current reopening policy. <u>Please contact the</u> <u>Temple office by Thursday, December 3 to register:</u> admin@thesephardictemple.org (516-295-4644)



Parashat VAYESHEV... introduces Joseph as a major character in the story of the Jewish people. Although Jacob

had thirteen children including Joseph, our Torah portion opens with the words, "These are the generations of Jacob: Joseph, being seventeen years old...". The other children are not mentioned. It has been explained that Joseph was singled out as the "generations" of Jacob because his career had a crucial effect on the future of the Jewish people. Like patriarchs before him, Joseph is yet another example of how one person can have a profound influence upon the destiny of others.

#### 2020 HANUKKAH CANDLE LIGHTING





SHABBAT, DECEMBER 12, 2020

FIRST YEAR
JULIUS KAMHI

ZELDA R. de BENSAL

**SEMAYA JACOB COHEN** 

**MIRIAM YONATI** ISAAC J. RUSSO ISAAC (IKE) PARDO **BELLE CARLEN PEARL TUCKER** JEAN QUENTZEL LAWRENCE LEDERMAN STELLA SCHULMAN HY (CHAIM) KIDARY MARILYN AVERBUCH **EDITH (EDIE) COHEN MICHAEL STAHL EDWARD BAUMAN BENJAMIN DASSA REBECCA ANNE WENSLEY** MORRIS BOHOR KAMHI **CHARLES WEISS PRISCILLA SAUNDERS DANIEL KLEINSTEIN ELIYA KAMHI** ALBERT ASHE **ALBERT AMIEL RAE COHEN GILMAN** SAM CAMHI **SOLOMON MEVORAH ABDO ASHEAR** ALICE (ALLEGRA) CAMHI **DORA MATARASSO ZACHARY LEVY** MORRIS ESKONONTS **MOLLY COHEN BERNARD LEVY CAMILLE BENATAR WILLIAM MARGULIS** DR. MOSES STEMPEL **BERNIE WOLFF LEONARD BAROCAS** ANNE BROOKMEYER **MYRON SOLNET DAVID JOSEPH NAHMIAS** HARRY CITRON **SOPHIE ELIAS** YAFFA MUTSHNIK SARAH M. BAROCAS JENNIE CASSUTO **ISIDORE ELIAS** DANIEL ABRAHAM ZACHARIA **DAVID SOLOMON COPIO CHARLES JORDON SOLOMON M. BAROCAS REBECCA MARCO HABIB** 

SAMUEL MALLA JACOBO BEHAR **ALBERT CHIPRUT** SAM A. HABIB **SAM BENARDO JOSE LEVY** JAIME MAYA **MILTON BARISHMAN** SAMUEL A. BEHAR AARON J. BEHAR HARRY DELL **LEON EGOZI** ANNA I. ELIMELECH MARGARET GROSS **ESTHER LEAH PARDO** JACK PESSO **MURRAY P. RABENO** SAFIRA A. ROMANO **RABBI ISAAC ALCALAY JOYA ALEVY TODOROS ALEVY RAE BECKER SOLOMON BEHAR** ISAAC CATAREVAS **SOLOMON COHEN BARUCH COHEN SUZIE COHEN** STERULA COLCHAMIRO SIMHA DeMAYO JOSEPH FEREZY **ALBERT GELLER ABE GENEE** MARY HASSON **MORRIS HOULLIF BEHOR KAMHI SALLY KAUFMAN SOPHIE LEREA BELLA LEVY BENJAMIN LEVY ROSE MATZA MILDRED MOSES** MARY NAHMIAS **SARA RABENO PARDO JACOB PESSERILO** RENEE SIMON **RAPHAEL SOLOMON ANNE SUGARMAN EVELYN SUTTA** MARY YOHAI





Mon., Dec. 14





Chag Sameach חַג שָּׂמֵחַ Happy Hanukkah!



#### HANUKKAH 5781 – 2020

First Candle: Thursday, December 10— Eighth Candle: Thursday, December 17

#### SEPHARDIC TEMPLE SHABBAT MORNING SERVICES

Shabbat Morning Services will be held in the Sanctuary with social distance restrictions by reservation only.

Registration to the Temple office for Shabbat must be received by Thursday.

ת.נ.צ.ב.ה

Condolences on the loss of:

**Adele Bensignor** 

Beloved wife of:

The late Eli Bensignor

Beloved mother of:

Larry Bensignor Rick Bensignor Lisa Bensignor ת.נ.צ.ב.ה

Condolences on the loss of: **Irving (Blackie) Russo** 

Beloved husband of:

The late Rae Russo

Beloved father of:

Stuart Russo Ann Meyer Lori Russo-Shpizner

Siman Tov & Mazal Tov



Congratulations

on the recent engagement of

Max Margulis & Jamie Brodkin

Parents:

Lori Epstein & Steven Margulis Beth & Josh Brodkin

**Grandparents:** 

Ruth & the late Bernard Epstein Avis Weeks Estelle Friedman Mimi Brodkin

# Ladino Phrase of the Week

פריסיפיו די סינסיאה איס די טיניר קריאינסה

Prisipio de sensia es de tener kreensa

The beginning of knowledge is to believe

Courtesy of the Sephardic Jewish Brotherhood of America: www.sephardicbrotherhood.com



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NAME(S):	
ADDRESS:	
CITY/STATE/ZIP:	
TEL:	
EMAIL ADDRESS:	
DATE I FAVING.	DATE DETUDNING.

RETURN TO: The Sephardic Temple - P.O. Box 392, Cedarhurst, NY 11516 Tel: (516-295-4644) - Fax: (516-295-1941) - Email: admin@thesephardictemple.org

# אטער שמח הטוכה שמח

#### Lighting the Menorah

Hanukkah is a joyous festival. It is marked by the lighting of candles in the home, beginning with one candle on the first night, and add one on each following night of the holiday.

The center candle acts as the **Shammash** - which means 'one who serves'. Since we are forbidden to make use of the Hanukkah lights, the light from the Shammash provides the legal fiction whereby we may read, etc. in the proximity of the Hanukkah lamp.

So that everyone knows Hanukkah is here, we place the candles near a window facing the street. The lighting ceremony is accompanied by blessings and followed by song.

On Friday night, the lighting of the menorah precedes the lighting of the Shabbat candles.

On Saturday night, the lighting of the menorah after Havdalah.

#### Before kindling the lights, say these blessings:

- (1) "Blessed are You, O L-rd our G-d, King of the universe, Who has sanctified us by Your commandments, and commanded us to kindle the light of Hanukkah." בְּרוּךְ אֲשֶׁר קְּדְשָׁנוּ בֶּלֶךְ הְעוֹלְם אֲשֶׁר קִּדְשָׁנוּ בְּרוּךְ אֲשֶׂר הְי אֱבִּרוּךְ אֲלֵּרְ הְעוֹלְם אֲשֶׁר קִּדְשָׁנוּ בְּרוּךְ אֲבִּרוּךְ אַבְּרוּךְ אֵבְיּרִין נֵר שֶׁל חֲנוּכְּה. בְּמִצְוֹתְיו וְצִנְנוּ לְהַדְלִיק נֵר שֶׁל חֲנוּכְּה. Baruch ata Adonai, Eloheynu Melech ha'olam. Asher kideshanu
- Baruch ata Adonai, Eloheynu Melech ha'olam. Asher kideshanu be'mitzotav ve'tzivanu le'hadlik ner shel Hanukkah.
- (2) Blessed are You, O L-rd our G-d, King of the universe, who wrought miracles for our fathers in days of old, at this season.

בְּרוּךְ אַתְּה ד' אֶדלהֵינוּ מֶלֶךְ הָעוֹלְם, שֶׁעְשָׂה נִסִּים לַאֲבוֹתִינוּ בַּיָמִים הָהֵם בַּזְּמַן הַזֶּה.

Baruch ata Adonai Eloheynu Melech ha'olam. She'asa nisim la'avoteynu ba'yamim hahem bazeman hazeh.

\*When kindling the Hanukkah lights on the First night recite: Blessed art Thou, L-rd our G-d, Ruler of the universe, that Thou hast given us life and sustenance and brought us to this happy season.

בְּרוּךְ אַתָּה ד׳ אֱ־לֹהֵינוּ מֶלֶךְ הָעוֹלְם שֶהֶחֲיָנוּ וְקִּיְמְנוּ בְּּרוּךְ אַתָּה ד׳ אֱ־לֹהֵינוּ מֶלֶּךְ הָעוֹלְם שֶהְוּיִנוּ לַיְּמַן הַזֶּה.

Ba-ruch A-tah Ado-nai E-lo-he-nu Me-lech Ha-olam she-heche-ya-nu ve-ki-yi-ma-nu ve-higi-a-nu liz-man ha-zeh.

#### After the candles are lit, recite the following:

During all the eight days of Hanukkah, these lights are sacred and it is not permitted to make any profane use of them, but we are only to look at them, in order that we may give thanks unto His name for His miracles, His deliverance and His wonder.



#### HANUKKAH CANDLE LÄGHTÄNG SCHEDULE

Kislev/Tevet 5781 - December 2020

<u>Light candles after sunset</u> (except before/after Sabbath - see below)

1st Candle Thursday Eve December 10 (after 4:28 pm)

2nd Candle Friday Eve December 11

Light BEFORE Sundown, <u>before</u> lighting Sabbath Candles (in Cedarhurst = 4:10 pm)

3rd Candle Saturday Eve December 12 \*\*

Light after Havdalah

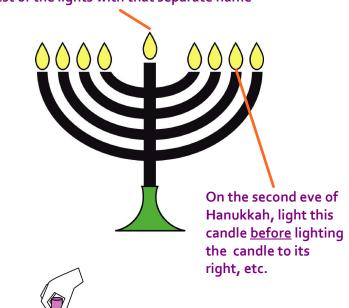
(Havdalah in Cedarhurst = 5:01 pm)

4th CandleSunday EveDecember 13 (after 4:29 pm)5th CandleMonday EveDecember 14 (after 4:29 pm)6th CandleTuesday EveDecember 15 (after 4:30 pm)7th CandleWednesday EveDecember 16 (after 4:30 pm)8th CandleThursday EveDecember 29 (after 4:30 pm)

#### HANUKKAH MENORAH (HANUKKIYAH)

#### SHAMMASH -

In the Sephardic tradition we light the Shammash first with a separate candle or flame, and then proceed to kindle the rest of the lights with that separate flame







# Harukkah - The Festival of Lights

Hanukkah, the "Festival of Lights", starts on the 25th day of the Hebrew calendar month of Kislev and lasts for eight days.



#### The Hanukkah Story:



Over 2000 years ago, the Greek-Syrian ruler Antiochus IV tried to force Greek culture upon peoples in his territory. Jews in Judea – now Israel – were forbidden their most important religious practices as well as study of the Torah. Although vastly outnumbered, religious Jews in the region took up arms to protect their community and their religion. Led by Mattathias the Hasmonean, and later his son Judah the Maccabee, the rebel armies became known as the Maccabees.

After three years of fighting, around the year 165 B.C.E., the Maccabees victoriously reclaimed the Temple on Jerusalem's Mount Moriah. Next, they prepared the Temple for rededication – in Hebrew, Hanukkah means "dedication." In the Temple they found only enough purified oil to kindle the Temple light for a single day. But miraculously, the light continued to burn for eight days.

#### The Menorah:

The lighting of the menorah, known in Hebrew as the *hanukiya*, is the most important Hanukkah tradition. A menorah is a candlestand with nine branches. Usually eight candles – one for each day of Hanukkah – are of the same height, with a taller one in the middle, the *shamash* ("servant"), which is used to light the others. Each evening of Hanukkah, one more candle is lit, with a special blessing.

The menorah symbolizes the burning light in the Temple, as well as marking the eight days of the Hanukkah festival. Some say it also celebrates the light of freedom won by the Maccabees for the Jewish people.

#### "Ocho Kandelikas" (Eight Little Candles) Hanukkah Song:

Composed by Flory Jagoda, a Jewish-American musician, "Ocho Kandelikas" is sung in Ladino to celebrate the joy of lighting the candles on the menorah. Please find the lyrics below.

Hanukka linda sta aki, ocho kandelas para mi. (x2)	Beautiful Hanukkah is here, eight candles for me. (x2)
O Una kandelika, dos kandelikas,	O One little candle, two little candles,
trez kandelikas, kuatro kandelikas,	three little candles, four little candles,
sintyu kandelikas, sesh kandelikas,	five little candles, six little candles,
siete kandelikas, ocho kandelas para mi	seven little candles, eight candles for me.
Muchas fiestas vo fazer,	Lots of parties to have,
kon alegriyas y plazer. (x2)	with happiness and pleasure. (x2)
Los pastelikos vo kumer,	Little pastries to eat,
kon almendrikas y la myel. (x2)	with little almonds and honey. (x2)









# Rice and Pine Nuts (Syrian - Riz Ou Snobar)

#### Ingredients:

- 2 cups uncooked long grain rice
- > 4 cups chicken or vegetable broth
- ➤ 1/4 cup vegetable oil
- > 3/4 teaspoon salt
- > 1/8 teaspoon pepper
- ➤ 1 teaspoon ground saffron dissolved in 1 tablespoon water (optional)
- ➤ 1/2 cup pine nuts (pignolias)



Small quantities of pine nuts, called "snobar" by Syrian cooks, are frequently added to rice, salads, and meat mixtures.

Serves 8

#### Directions:

- 1. In sauce, combine rice, broth, oil, salt, and pepper. Bring to boil and stir with fork.
- 2. Reduce heat, cover, and simmer 25-30 minutes, or until rice is fluffy.
- 3. Stir in saffron and mix well.
- 4. In dry, clean skillet, toast pine nuts until just golden. Stir into rice and serve.

# Spinach Salad (Syrian - Spanakh Salata)

#### Ingredients:

- ➤ 2 pounds fresh spinach
- ➤ 4 scallions, thinly sliced
- ➤ 1/4 cup vegetable oil
- ➤ 1/4 cup cider vinegar or lemon juice
- > 1/2 teaspoon salt
- Dash of pepper
- ➤ 1 teaspoon ground cumin
- ➤ 2 tablespoons pine nuts (pignolias)



Great paired with the rice recipe above, or enjoyed on its own, this healthy dish is traditionally enjoyed by Syrian Sephardim during Hanukkah.

Serves 8

#### Directions:

- 1. Wash spinach thoroughly. Tear into bite-sized pieces. Drain in colander.
- 2. Combine spinach and scallions in large bowl.
- 3. Chill, covered, until serving time.
- 4. Combine oil, vinegar, salt, pepper, and cumin. Just before serving, pour dressing over spinach and scallions. Toss well.
- 5. Sprinkle with pine nuts.

Source: Angel, Gilda. Sephardic Holiday Cooking: Recipes and Traditions. Mount Vernon, NY: 1986. This book was kindly donated by the family of Rose Mayo (OBM) and was a staple in her kitchen